

About where to take this lecture (online  
or in-classroom)

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# Should I come to the school?

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- ▶ You can be either in the classroom or at home
- ▶ In summary, *it's up to you*

With that said ...

- ▶ My recommendation:

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*decide a few day(s) of a week in which you come to school and stick to your decision*

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- ▶ Why?

- ▶ for your mental health
- ▶ we humans often do not behave optimally/rationally



# We do not behave rationally . . .

- ▶ ask yourself “do you wanna go to the school a few days a week in this semester?”

## We do not behave rationally . . .

- ▶ ask yourself “do you wanna go to the school a few days a week in this semester?”
- ▶ but what if you ask yourself just after you wake up in the morning “do you wanna go to the school *today*?”